

70 . Sri Bhagavan — MM Class

15th Dec 2024

Q1	Would we ever know what would be known?
A	The ultimate is the unknown and the unknowable. Whatever is the ultimate, if it is there, it is the unknown and the unknowable. But as humans we can know certain things. Beings above us — above human beings — know much more and beings below humans know much less. There are certain things which we could know but still that which we could know would also remain ever unreachable. That is it would not be known today but tomorrow you would know but then you suddenly discover there's something more to be known. So you would get there and then you will discover something more remains. This goes on forever. So in that sense you'll be knowing more and more and more but still it would never come to an end. To help you understand, let us say you see the ends of space and you want to reach the end of space, the borders of space and therefore you fly in a rocket. Now let us say you're approaching the end of space. So as you approach end of space, the space would move further on. You move further, it should move further on. You trying to catch somebody, as you get near that person, that person would run more. Then you try to catch up the person would run more. The same thing here with whatever humans could know. You could know more. But then once you get there, you will see there's something more. So you run and you get there and you see there's something more. This would never end. So what you should do is what you could now experience, what you could now see is the only truth for you. So you must learn to live within that truth cuz that is the only truth for you. Tomorrow that could change — tomorrow when you become a higher being much more truth would be revealed to you. Then the whole game changes. But as long as you are living on the planet as long as you're a human being there are whatever is there is is the limit. That's all. But even as a human being tomorrow it could change. Tomorrow you might become a great mystic and you could see more in which case your life could become different. At the moment whatever is there that is the truth for you. You must learn to accept that and to live with that. That's how an enlightened man lives. So there are 10 enlightened people. All 10 would be in different states actually. But each one is living up to his limit only. Not trying to go beyond that. Is staying within that limit. But the limits could change from person to person. Let us say today the the morning you're eating something you must eat. While you're eating, eat that. That's the limit for you. You're talking to husband or wife that is the limit. Fully experience it. Suppose you're walking fully experience it. Suppose you're only sitting and just breathing. What is happening? There's only breathing. Now the body since you are born and till you die is going to be breathing. What an extraordinary thing that this body is breathing and breathing and breathing. That is your limit. So you must experience that breathing fully. That's how enlightenment functions. Suppose some sound is coming in fully experience that sound. All the senses should fully experience

whatever they get. That is how you got to live. Not think about what is the beginning of the universe? How did that get created? That was some kind of a philosophical discussion you could engage in. But that is not going to help you live. Live is living is what the senses are bringing you in. You must experience that. For that the mind must quieten down. The mind quieting down is the inner chatter must stop or slow down. Then there's no interference of the mind. Then you start living — that only is important.

Q2

Between Nature and God who created whom?

A

Again the question should first go to what is there in the beginning? In the beginning of course we always tell you that it is the unknown and the unknowable. And very often we use the word shunya to describe that . Shunya — immediately think some vastness void empty. No, that is not the meaning of the word shunya. Though we generally understand it like that. Shunya means Shu – Anya , not another , only that is there. Only one is there. There's no two. Only if you have the second one can you understand this. But if that alone exists, how could you understand? Who's there to understand? It's not possible. So what is there in the beginning is the one which is shunya means shu anya , not another. What it is, we do not know. We should not mistake it to be emptiness and void — not that kind of stuff. Now that becomes all that is — whatever is there including space time the universes everything the other locas everything — that only has become this. Now that shunya evolves evolves, it totally becomes all that , not that it creates. Now how do we know that? Now to observe the universe either the outside universe or inside the atom if you want to go inside you will have to use science. Now the mystic can also explore the universe as well as the inside. So for that you have to raise the kundalini and activate some chakras then you could do that. So the mystic is own way of looking, seeing and understanding which of course is superior to science. Now what do we see? We see that which is there — was it could be seen. Some record is being maintained which we could see — the record is maintained in our own bodies actually. So it evolves and as far as we are concerned at one point it becomes humans — that only became all this — the universe space time everything and then life in the ocean — creation everything — and finally trees animals plants everything — finally became humans. So that shunya became humans. And then what happened? Humans became gods — whom we call gods — at of course a long long time ago they were humans and they became gods and the gods became one. God's becoming one is Paramjyoti — that bhajan which we all singing. It is the oneness of all the gods. All the gods becoming one is Paranjyoti. So this is what is happening. So here we do not see Paranjyoti if you take it as god — we do not see it in the beginning. There is one occasion where you see that light but it's somewhat different from this. Now what is there in the beginning is shunya — if you want to call that nature you could call that nature — but that is not involved in creation it becomes that — there's no creator creating — creator becomes that — no difference between the creator and — becomes that.

And at the end of course as far as we know now is -Paranjyoti — so Paranjyoti before was humans. That's why you'll find Paranjyoti's behavior very much like humans. We could go more and more into it maybe sometime later.

Q3 What limits our understanding?

A See, we are humans. We are not at some great level — that is still to come. So at this level we have a certain kind of brain and it has a certain amount — certain capacity. So all your understanding is limited by that. If you do anything else, it is your imagination. So the human has his limits — of course that could be growing more and more and more — but you are limited by the fact that you're a human and there are various of living creatures — not on the earth plane but on different planes. So their systems are different — understanding would be different. Of course we can go and see what it is like — it's possible. And there are lower beings whose perceptions are still limited less than us. So we are limited by the fact that we have a human body and we have a human brain inside which we are functioning — that limits us. But we tend to imagine that we are the centre of the universe. Everything depends upon us. That is a great illusion we suffer from. That is true in some other way. But how could you think that you are the centre of the universe and therefore you must know everything? How is it possible? You're such a — you're so smaller than an ant actually — just a speck of dust. That's what a human being is. You have your limits and within that limit you could play happily.

Q4 What needs no creator?

A What needs no creator? If you mean by that — if you would like to know is there anything which does not need a creator. Well, there is a mathematics which needs no creator. Mathematics is just there. What humans do is we discover mathematics. We don't create mathematics. Mathematics need not be created by anybody. Whether by human or by nature or by God, none create mathematics. Mathematical laws are there. Whether there is Universe or not, they are there That's all. Whether god is there or not, they are there. They are laws. So you only discover laws. But one thing — our shunya which becomes all this — it has to conform to mathematical laws. It can't wildly create and become something it has to conform to mathematical laws which always exist which are there — that needs no creator. But the your so-called shunya or god or whatever it is you want to call that god it has to obey these laws. You can't bypass those laws. So when you do of course bypass under certain circumstances — is again provided by mathematics itself — you would call it a miracle. So what exists without the help of god is mathematics and we humans, we discover mathematics. We do not create mathematics though we assume we created that because somebody's name is applied there — is only the discoverer of that.

Q5	What is the connection between universe and consciousness?
A	Universe and consciousness. Yes. See, remember the beginning there was the shunya which is the unknown and the unknowable which became all this. If you mystically push — go back back — you'll go to shunya as well as to the origins of consciousness. In other words you would see that the universe and consciousness are one and the same. They are not two different things. It appears like that. There's no universe without consciousness. There's no consciousness without the universe. In fact they're one and the same — which could actually be experienced.

Q6	What is the easiest way for heart to flower?
A	What is the easiest way for heart to flower? The easiest way for the heart to flower is to send you to hell. And a good roasting in hell would make your heart flower. That is that is what we are now doing now. We have started doing and more and more people are able to go into hell come out and their hearts do flower. Nothing like going to hell. So all of those who are quite willing certainly send you to hell where you could go and experience it. See others, your relatives, your friends, your ancestors all in hell. All the — when you see the heart flowers. When you see your grandfather being roasted in hell, your grand uncle being roasted there in hell or your near and dear ones in hell or the famous people in hell. Lot of famous people you find in hell. Although you actually see in what they are experiencing, what they're going through up the heart — problems. No more you are this kind of person. You really get concerned about others. You start to care for others. You no more feel alone, aloof. So some people one blow in hell the hearts will flower. Some people two three times the heart flowers. But all of those who are ready will at some point send you through some program into hell. But if you say I'm too too afraid then first time we'll take you as a tourist we just show you hell and get you back. You'll get some benefits out of that that it will make a heart flower but once you are ready and you are prepared to experience hell it will give you the hell experience. Once you have experience you will know more — the person you are today you're not concerned about the other — you're not — maximum concern is maximum your family — that's all — beyond that you don't go — but nowadays people are more concerned about themselves not even their family — you simply care a damn for others — so self-centered so self-obsessed — terrible are you — there's virtually no heart — though you might —now and then — we know heartless people are becoming more and more heartless — they want the cruelty we see in the world today — unbearable it is. So but one trip to hell can change all that — the easiest — nothing else will work — modern man — other things would have worked to some other age but in this age in Kaliyuga is not going to work — only a hell trip will make you all right — will make your heart flower.

Q7	What is our responsibility?
A	Once your heart is flowered, it would be there naturally. You'll be concerned about people who are less privileged than you. You could be in a good state. Financially in a good position, Healthwise in a good position in so many ways you could be in a good state. But there are others who suffer from all these accounts. It could be a financial problem, health problem or it could be some legal problem or some problem or the other unnecessary problems — relationship problems. So you should be a help to them. That's how you must live. That's how you would be able to go to the higher locas. Higher locas are people who are helpful to others, who care for others, or concerned for others. If you have only been concerned about yourself and nothing else, then your place is guaranteed in hell. You'll find people there who have for thousands of years in hell still rotting in hell. They were so self-centered that even you try to open their eyes which means they can come out. They not able to open their eyes. So self-centered — being there for hundreds of years. If you had gone through some history books you would see this is the person. So the more and more self-centered you are concerned only about yourself and uncaring for others the more time you would spend in hell. But if you are at least somewhat concerned about others helpful to others doing this or doing that even though others could be ungrateful you will quickly come out of hell and you move on to the higher locas. All this you can check out later on and you can you could see if it's true or not.

Q8	There are two teachings from Bhagwan — "To be aware is to be free" and "To see is to be free." Are they same? Is it about seeing what is going on inside us at that time? How are we to understand them correctly?
A	They are essentially the same but there's a slight difference. Now this dharma is concerned about human suffering and higher levels of consciousness that is possible for man. So one is we want to handle your suffering and the other is to take you into higher levels of consciousness of joy and bliss and other things. When it comes to suffering we certainly have three kinds of suffering. Physical suffering which you all know and then there's psychological suffering which also you know — what you do not know is spiritual suffering, existential suffering — that's a bit difficult to understand. Now these two teachings are concerned about psychological suffering. Psychological suffering is caused by the self. Now when the self is getting hurt is getting damaged and therefore it is suffering we would say “see and become free”. That is to see how the self is getting damaged and how it is suffering. If you see that you'll become free of it. And the other is “self again suffers from craving”. There, we would say” be aware and become free”. To be aware is to be free. Now let us say for example you wanted to become — a musician. Your passion in life was to become a musician. But then you became a carpenter. That craving is still there. I must be a musician, famous musician. But I become a carpenter. You could be a famous carpenter

making money. But still I wanted to be a musician. That craving still then causing you suffering. I could not become a musician. Or you wanted to marry a particular girl you could not marry. She married somebody else. She went away. You're still dreaming of her — that is craving. So for that what should you do? Become aware — to be aware of that actual suffering is to become free of it. You must try it and see. So whenever there's craving suffering caused by craving it is awareness. When there's a damage to the self and therefore suffering it is seeing. That's how you must use it. This can be actually be used in real conditions and you'll see how it works. It works very very fast and especially if you take soma it will work fast. If you have a connection with Paramjyothi, it will work very fast.

Q9 The purpose of life is to experience everything and know it experientially. We experience everything here only through our senses before our enlightenment. After we get enlightenment, we are liberated from our self and senses. How do we experience anything thereafter?

A The truth is you are not experiencing anything. What is enlightenment? To experience everything — that is enlightenment. What you said is the opposite. Actually, what's happening now? The moment you look at something, you hear something or you smell something, you're not really doing it. It is like only seeing. It's easier to understand. The moment you see a tree, the same example I say go on giving. You don't see it. The eyes are seeing. The eyes are the camera. Camera is shooting but then you are interfering with the camera. Who's interfering? All your knowledge, your conditioning plus yourself — all this gathered around yourself — and that is the cameraman. So the cameraman's business is to operate the camera that's all. What should he give a running commentary here? Your eyes are seeing. It should only be that — in the seeing just the seeing. That's why you got the teaching. The seeing just the seeing. In the hearing, just the hearing. The smelling just the smelling. The touching just the touch and you're not there at all. So here you are jumping onto the camera and you are giving a running commentary. Oh, this is a mango tree. It's a big tree, small tree, young tree, old tree, good tree, nice fruit, all kinds of commentary. You are not looking at the tree at all. The camera must only look at the tree. The same thing applies to all the other senses also. That's why we say “Indriyanam Vimukthihe “ , that you will find in our Mokshonamo Shloka . The senses must be freed. Your senses are slaves to you, to your mind, to yourself. Where are your senses free? No, not at all. You don't experience life. You experience the life of the mind. The wretched thing called the mind. It is useful where it is useful. Otherwise, it's a burden. It like a donkey riding on you. The mind must be a donkey on which you ride, making use of it. But here you are carrying a donkey on your head. That is your life. What is unenlightened person is carrying the donkey on his head. The enlightened person is riding on the donkey. You carrying the burden of the mind non-stop 24 hours. Is working even sleep is working only in dreamless deep sleep is quiet just for a very very short time — in dreams also it is fully working —

look at REM sleep - rapid eye moment ,open eyes and the man is sleeping — it's moving , dreaming — non-stop — your throat — the life is going on — what a curse it is — we are telling you, keep the donkey down — when required make use of a donkey but it did not ride on you. So your senses are not free at all the time controlled. That's why we say liberate the senses. Then you start living. You start asking who is living? There's no who is living at all. They're simply living. That's all. Simply the tree not somebody looking at the tree. Simply the tree — the seer, the seeing and the seen all become one — that's enlightenment — we trying to take you there. Many people are already there in very beautiful states they are there — those who have not made it would also soon make it.

Q10 How do we handle imaginary fears projected by the mind about the future and how to be free of it completely?

A Imagine a tiger is chasing you. So you keep running away from the tiger which you call suffering. So as you keep running the tiger will keep running and you will keep running — before how long you'll be running and running and running and running — but you keep on running and that is what you call suffering. Running away from the tiger that is the fear — running away from the fear is the suffering — there's nothing else — suffering is you're running away from the tiger which is the fear. Now let us say you turn around and you face the tiger. Several things would happen. The tiger could just stop and maybe turn back and go away. Or the tiger might come close and give you a blow or two. With the blow or two you are gone. So similarly fear may just stop. If you look face to face — the running away only is its strength. You could just stop or go away or maybe you may get a big shock or something. That's the equal of your dying. Once you dead fear, there's no fear of the tiger. No. Similarly, here once you get that blow, you strangely find the fear is gone. But as long as you keep running away from fear, it's all the time going to chase you. You'll all time be running. It's always the suffering. So you must stay with the what is. We often tell you know stay with the what is. What is that? What is basically fear? You're running away from fear. You immediately turn on the cell phone or talk to your friend this or do something or the other and escape. Now the other hand you say come on come on eat me up and hold it. We use one other word we use hold it. And he clearly tell you hold it like a newborn baby — carefully you hold that suffering — stay with it and the rest is magic which I need not tell you — you do it and see for yourself.

Q11 What is the significance of this year's Sudharshana homa and what divine gifts will the participants be bestowed with?

A See there are a lot of prophecies about the coming calamities for the year 2025 — they may come they may not come. We are concerned about the people. So this Sudharshana Homa we have been doing it through several

homas. We have been strengthening it more. But if any chance it should come, it should come near your place or near your house. We want to see that you are well protected. No matter what the condition, we can still protect you. So we would be taking extra steps to see that you are well protected. Be that a fire, be that — be it a flood or be some other calamity. I don't want to go into all those things. We can still save you. So we need to have some connection with you. If we have the connection, we can save you. If you have no connection, it's almost difficult, very difficult to save you. We'll be focused on that. And we'll also be speeding up the process of your enlightenment. We'll be speeding it up more because 2025 we have to move faster and we'll be speeding it up. The other things will be as usual.

Q12 **How to make Paramjyoti to be always filled in our thought, word and deed every second? I am a lame man stuck in process to proceed further. Please help us to help you.**

A You seem to have somehow some kind of wrong understanding. It's as though always be thinking about ParamJyoti. It's not like that. There's so many things to think about, so many things to experience, so many things to feel about. This is some kind of stuff which has gotten into people's heads. As I told you earlier, when you are eating, you must focus on eating not on Paramjyoti. When you're talking to husband or wife — on them — you must focus not on Paramjyoti. Well, you're having a business transaction, you must be focused there, not be think about Paramjyothi. There's a time to think about — to experience everything time and place. So there you should not even try for that and it's not possible also. Even the Buddha used to go to Peak states only towards evening. Generally they say a bit after 4:00 or 5:00 he would sit there in the veranda for some time and he would go to a higher state — that's all — he was busy with his work running the center — he had an ashram and how many monks he had — 10,000 monks those days — think of that — and because there are 10,000 monks there's lot of fights and quarrels going on — lot of galata everywhere — that will happen — but at midnight they'll meditating. You cannot even — they say hear the sound of a leaf shaking at midnight. So everything has its time. So the Buddha had his own problems. In fact in one instance some monks were fighting. The Buddha went and told them to calm down not to fight. So they told him you get out. He's the founder of the whole thing. They used to get out. We'll mind our business. You mind your business. So the Buddha left them and went into the forest. The monks did not even care for him. They went on living happily and the king realized that the Buddha has left the ashram and is in the forest and then the king went and asked the Buddha to come back. Buddha refused you remember right? And then he came threatened the monks for not bringing him back. I'll have you all thrashed. Then the monks went and all begged him to come back to the ashram. Then for their sake — the king was going to thrash them — the Buddha came back. All these problems he had — terrible problems. And the Amrapali was there, the prostitute, he used to come and speak to him a lot and he used to be talking

to her. All the monks were only watching what they were talking — not so much in the teaching but what they were talking — what Buddha and Amrapali were talking — really terrible. And once he had to go to some place he had to walk through a main bazar — they had bazars those days — he has to walk and lot of people came up the top floors to watch — they did not come out to see Buddha — they came out to see Amrapali — in those days — 2,500 years ago — so you had hell of a lot of problems. And only in the evenings in his ashram because he have to meditate — not he was doing it all the time — too many problems to attend to — a lot of cases were there — there was a rape case on him — he had to attend to that — there was a theft case once. So what is happening now it's happening then also — he had to attend to all those things. So not that you must always be occupied with Paranjyoti — no — this is bhuloka — you will go to higher locas where you will be with Paramjyothi, that is different. People have a lot of strange ideas. They're trying to get there and they cannot get there. It's not possible. You have life to live. You're not living that. So living your life, you're talking about un connected things.

Q13 We would like to know about our Dharma's new year resolution for 2025. How would the existing programs and rituals be executed further? Is Sri Bhagwan satisfied with our dharma progress in the year 2024?

A We would like to move fast towards the 81,000. We have 30 verified cases with us where at will these people could move into the state at will whether at home or the office or the factory wherever they are at will they could move to the state and also transfer the state. Now people have sent us reports from all over the world. Whatever figures I'm giving is based on all over the world — that they know around 300 people who are able to move to the state at will and transfer the state — but what we have verified is 30 cases so far — we don't have — we didn't have enough time to verify all of them but people are verifying here and there in different countries they're verifying and they're giving the data to us but we have to have a talk with them and to find out where they are exactly in the condition. So we can say 30 people of verified cases fully made it — were part of the 81,000 — and those 300 also the people have now become experts in testing out now could also be true. So we can say 300 people are there who made it but the army is supposed to be 81,000 — a long way to go — but the fact that 300 could make it gives us enormous confidence and strength that we could get there. We should try to get there as fast as possible. So we will try to get there if possible next year itself or at least go somewhere but we will try to go for the maximum. So that will be one of our sankalpa for 2025 and to send as many people as possible to hell — that will quickly transform them. That also is one of our objectives. So we want the heart to flower you know — the heart flowers — enlightenment is very very easy — the heart must flower — we want to try that also and of course we should not lose people in some calamity — that also must be taken care of — at least those people on whom we have

worked if they are lost then again we start fresh that would become very difficult. So all these are — so main thing is to get to the 81,000 as quickly as possible.

Q14 **The teaching says there is no doer. There is only the doing. If this is so, how do the bad things done by us come back to us as there is no doer?**

A You see the doer, the doing, the done — it's all only one and the same. There's no doer at all except as an illusion. So you are having that illusion that's a doer. Hence the question. But you — you are not there in the first place. Who are you? You're the universe. You're everything. You are shunya — not another. There's nothing but you only. You alone are there. So when you alone are there how would you be the doer? If somebody else is there then some interaction can take place but you are the only thing that is — that is the big illusion. The entire thing is an illusion. There's no doer at all — that you will discover for yourself. As you go along — you — you're not discovered — you will discover. There are people who have clearly discovered — there are many many people are there who clearly discovered. There's no doer. You are not a discovered — you — you will discover. Once you discover the question would vanish. The question has no answer actually, there's no doer.

Q15 **Will there be a scientific means to see the other realms in future which can be used by all?**

A In future anything is possible. There are a lot of possibilities. All that would happen in due course. So we are at some level — that's all. We should not think this is the ultimate. So it could very well be possible that one injection and you're enlightened. Suppose scientifically speaking. And it could also be possible that you scientifically are able to — essentially what do they need to move into another realm. There must be change in vibrations. That's all. They could be able to build vehicles whose vibrations could be changed and you could go to other dimensions straight away. All that may be possible through science in the future. Science also is only in its beginning stages. It would evolve on its own. People would accidentally fall into place but science also will be — while nature is evolving it will also be evolving and we'll be going somewhere.

Q16 **Who is a guru? Do we need a guru in the path of enlightenment? Once we discover and have bond with our god, do we still need a guru?**

A Enlightenment is happening. It could just happen to you. You could be drinking tea. I'm giving some real life examples and you could become enlightened. There was somebody who threw a stone at somebody in India only and that person became enlightened. There were at least two women

who were pounding paddy. They heard the sound of the bangle they became enlightened. Anything can happen. It's a happening — mostly enlightened happens. It's a happening. But then we would call a guru, a guru if he can transfer that straight to another. Only such a person we would say is a guru. Otherwise you can call him a guru but he's more like a karate guru or a boxing guru or a science guru. That's fine. Will transfer some knowledge but in the spiritual realm he also may teach you something but the guru is really one who actually transfers it to you. See in olden days you must know in India olden days even secular subjects like science or math — but they had all these things even those days — how did they used to give it to the student — will come and he would basically be helping in the kitchen — gathering firewood from the forest nearby — taking care of the cows — they'll be doing physical work mostly — the shishyas maintaining the house and everything — they all going beg in the village — that's how they'll be living — then after years of sadhana — after he's grown as a good human being then and then only the guru will decide to give him that knowledge. How would he do it? You would call him then give him a diksha and how does he get a diksha — he transfers a golden ball to the brahmarandra and then bang he gets all the knowledge — that's how it used to happen in ancient India — that's how — the famous rishi — he once took a golden ball and he got all the knowledge but then there's some problem between him and the guru — the guru come back come back give me back the golden ball — he gave back the golden ball. Maybe in tomorrow you won't have these kind of schools or colleges which is too primitive actually. Simply they'll call you transfer a golden ball for mathematics and you know nothing about mathematics. Transfer a golden ball for surgery — think about surgery — could become like that. It is so advanced. It was the technology of consciousness. You could have a huge wheel. There are evidences for that. They can just focus on the wheel. The wheel rotate at great speed. You don't need electricity. You don't need steam. It was a technology of consciousness and when that was failing — that was when the Spaniards invaded South America and that's how the Spaniards were conquered. So by the time that technology was failing was based on consciousness. This is not based on consciousness — science based technology. So they could win — that age went away. So many many things would happen that way in the future. But we should be focused on the present — that that will happen when it happens and we are the people who are going to be there also.

Q17 When we are gifted with power of prayer are the programs bypassed?

A Yes, through prayer you could bypass anything and everything provided you have a bond. See prayer simply prayer is not sufficient. You must have a strong bond either with your god — the god you worship — or the great compassionate light or Paranjyoti — you must have a bond — bond cum prayer — you could overcome anything — could be overcome.

Closing	Teaching / Process for today + New Year Greetings
A	Today's process is — the end of this year and we are moving to next year where we want to move very very fast. So we want to put you through a process whereby we could move fast towards enlightenment. Is essentially the silencing of your mind. Whenever you want to work, it will work. Otherwise, it would remain silent almost at will. And you also being able to transfer that state to another. You should be able to transfer either directly, physically or even through online you can transfer the state. So for that what we want you to do is from today onwards — after the process — you see the mind is it's a machine actually — so it is repetitive in nature — you go on repeating the same thing though it looks as though some new things are happening — it's basically repetitive — it is the past going through the present projecting a future. It look as though it's happening in the future but nothing but the past only flowing through the present destroying the present. Always the present is destroyed whether you think about the past or the future and then it's a projection. So the whole thing is so repetitive it's more like a machine and the brain also functions more like a machine. It is so designed. There are some design defects but they are required as of now. So the defect is it's working nonstop and goes on churning. You can't do anything else but only using the past which may appear as the future. It's a machine which is eating away your life. Your life is wasted. Some plants — you would have seen some trees — and which you'll find some kind of thin creeper yellowish in color. No, no leaves, nothing just like a worm like on trees. Slowly the tree will die. That's exactly where you are. You are like a tree and your thoughts and your mind is more like those small creepers in color. Slowly they keep growing. They suck the life blood out of you out of the tree. When you become old and you become tired, your whole life is wasted. What happened during your life? Thinking, thinking, thinking of this and of that, churning up the past all the time and projecting a future and reminding all kinds of things. Any philosophy given to you that also made use of — it's a wasted life. What we want you to see is we want you to see that your mind or your brain whatever you want to call that is a machine. It is repetitive and it is functioning on its own. It's very important functioning on its own but giving you the illusion that you are controlling it — that move my hand. No, the brain had decided to move the hand gives the feeling as though I decided therefore I move the hand. So it's a small trick in the brain giving you the feeling as though you are involved, you are in charge, you are the boss. No, you're nothing. You're a zero. But give the impression as though you are there and you're controlling that you decide — all this only an illusion. It's a machine goes on. That's why it doesn't stop at all. In the so-called sleep is basically meant to give you rest. Some rest you do get to give you complete rest. But where it does not give you rest? It is dreaming. So of course you don't remember. Some dreams you remember. Now we are not asking you to stop it. Be very clear. Similarly here we never tell you to stop yourself. We only tell you observe yourself. Be aware that the self is involved. That's all. We are not asking to stop the

self. Many people seem to imagine oh I must be free of the self. No. Freeing of the from the self will happen to you. You cannot do anything cuz you are the self. How could you free yourself from yourself? You cannot do that. Similarly here you cannot do anything with the mind. Of course some things can be done by breath control things but that's also important. So we want you to realize it's functioning on its own — it's functioning — that's all — nonstop it is functioning going on projecting this projecting that giving hope giving fear — that this all that it is doing — basically based on how you've been conditioned — how were you conditioned — as a Hindu or a Muslim or a Christian Buddhist — rich or poor this class that caste — Indian American — whatever condition has gone into your head. Plus all the programs, how you given birth to, how your mother conceived you, all that is there, the 10 programs are there. And what values were put into you by your school, by your teachers, by your family, all that is there. Your hurts, your pain, your experiences, your memories — all that is called conditioning. And that conditioning only is moving around and round and round around centered around the self, which is the workings of your brain and your mind. That is your life. And finally nothing more can be done. All the senses begin to fail. Everything begins to fail and you breathe your last and you are gone. Where do you go? If you have been too self-centered, you go straight to hell. Going to hell is quite fast. Going to take little time. All this will show you. You'll show you don't have to believe anything. Therefore in today's process we want you to just understand — first understand and then realize — the mind is functioning on its own — and then give impression as though you are under control — you could do this — you could do that — is also an illusion — no going on function — if you see that it is enough — freeing you from that is our job. Not that you see you become free. No, if you see we here we will make you free which is to be enlightened — that you will start from today and you'll go on doing that till such time we stop it. So many people have made it. All of you could make it. There's no doubt that you could make it. A little cooperation from your side and we'll take you there. So, love you all so much. May you have a great process and a great new year. [New Year Greetings read:] Parlams are beloved Shiamama Bhagwan. We come before you Shiamama Bhagwan with a heart overflowing with gratitude for every year that passed by. Thank you our beloved Shyama Bhagwan for the countless blessings you have pulled into our life both seen and unseen. As we embark on a new year, our hearts overflow with gratitude for your divine grace and boundless love. Your teachings, miracles, and unwavering guidance continue to illuminate our paths and inspire us to awaken. We pray for Shama Bhagwan's long life and robust health so that Shama Bhagwan continue to shower blessings upon humanity. Let the coming year bring forth the unraveling of life's deepest mysteries. Guide us guiding us towards enlightenment and liberation. Wishing Shama Bhagavan a happy new year with the deepest reverence at your lotus feet. Devotees of Shama Bhagwan's family. Love you Shri Bhagwan. [Sri Bhagavan's response:] Thank you very much for

your very kind and compassionate letter. Love you all so much. I'm sure it will be a great new year for all of you. Love you. Love you.