

60 Sri Bhagavan — MM Class

25th February 2024

Q1	What is there before and end of the universe?
A	The question should actually be what is at the beginning and at the end of all universes because there is not just a single universe. There are billions of universes. Every day, every moment, a universe is being born and then grows and then dies. It's happening every moment. It's billions of universes. It's not just one universe. The universe which we are living is just one universe. There are billions of universes being born every moment and dying every moment. So there's never a time when there's no universe. If we can talk in terms of a particular universe, we can talk of the beginning and the end. But there are billions of universes. So all the time there is some universe either beginning, taking birth or dying or midway. So at any given point of time, there are always universes. That the first thing, then of course the universe is born and then it dies. Now what was there before it was born? It was a universe which died and took birth. And what happens when it dies? It dies and takes birth. That's all. There's birth and death. Birth and death. It goes on for a single universe. And at any given point there are billions of universes. And you cannot think of that in terms of space or time. That would make no sense at all. The sheer size — billions of universes being born and dying every moment. Space and time would lose all sense. However, if you are a great mystic, you could have some kind of experience of that from which we are talking. So if you have a powerful Antaryamin, you could have a look at it.

Q2	Who or what is God?
A	This question has been asked several times and I have answered it depending on various levels. So now you know you have a conscious mind and you also know there's a subconscious and then there is the unconscious. Then there is the collective unconscious and then there is the collective conscious and then there is the supra conscious which we call Paramjyoti. And besides all this there is also what we call UI — Universal Intelligence — which contains all the Akashic records and which enforces all the karmic laws. Now taken individually all these things are omnipresent and omniscient. The collective unconscious is omnipresent omniscient but not omnipotent. The collective conscious is also omnipresent omniscient but not omnipotent. Then there's the supra conscious which is Paramjyoti — omnipresent omniscient but not omnipotent. UI — omnipresent omniscient but not omnipotent. So taken individually, none of them would fit your bill of what you define as God. Every faith defines God in its own way. But none of this would fit that description individually. Let us take them collectively. That they do function as a whole. Even then it would not answer or fit into your idea of God given to you by the various religions. It won't fit in. We can also

deal with them only individually. Now the thing is — is there anything beyond all this? And if we were to call that God, that is something that is beyond all this. And if we were to call that God, that is the unknown and the unknowable. If anybody says I know God — he is fooling you or he's fooling himself — could be a genuine person, but he has fooled himself. God is the unknown and the unknowable. Now why is it so? Why is God the unknown and the unknowable? You could try a guess. So God is the unknown and the unknowable just because, you are God. Now the eye which sees cannot see itself. It's very simple. The finger which points out cannot point at itself. You being God, God would always be the unknown and the unknowable. But what is important is not all this kind of knowledge. It has to be experientially verified which is possible. But the most important is — are you filled with that Ananda? The Ananda level goes up and up and up. We are not talking about the great levels. We are talking about simple things. Similarly, that love — do you have — you love the whole thing, everything? Do you have love for that causeless love? And do you have gratitude? Do you experience that Oneness? All this is what is important. Not debating on who is God or what is God.

Q3 Who runs the universe?

A Yes, the UI runs the universe. So, first of all, you must understand the universe is a living thing. Not just this universe, but all universes are living things. They are conscious and they have tremendous intelligence which we call UI. So UI — Universal Intelligence — runs the universe. Now let us say the universe was very very very unimaginably big. Now in some galaxy where in some particular solar system on a particular planet in some distant forest on a leaf an ant is crawling — that is recorded from moment to moment by UI. That movement of that ant on that leaf — what the ant experiences, feels or thinks or what moves it makes — is recorded nanosecond by nanosecond by UI. That's how UI knows all — all of your history, all of your past lives, everything it knows. That's why we can play back left right and center. For example one gentleman had a particular knee pain — nothing would work on him — so then we decided to show him his past lives. How do we show? We connect to the UI and ask UI to show the past lives. Of course, we use the Antaryamin to get to UI and to see the past lives. So, it — from where this pain is coming. Then it was found that he was fighting in the second world war where he fell down and hurt his knee. When he was made to re-live that moment — which took a few minutes — after reliving that moment of the fall in the second world war his knee pain vanished because it was coming from there. So why we could do that is — all the records are with UI. UI only contains all those Akashic records. So we could go back into the past and see all our ancient temples, how they were, what was Ayodhya at that time — can be seen very clearly. You could go back to what China was thousands of years ago, what Egypt was thousands of years ago, what Rome was thousands of years ago, what America was thousands of years ago. All that can be fully re-experienced. You can see

our temples as they were thousands of years ago. You can smell the camphor. You can see the priest doing the Arathi thousands of years ago. See that? And if you do it very powerfully — as he gives the prasadam or the kumkum — you could receive it. And when you wake up, it's there still. So this is what the universe is. It's very very different from what you think it is. You have a totally wrong idea about the universe. So also you — the scientists — they have no idea at all. They have an idea — just a funny idea. There's nothing to do with what actually is there. Then all your science would collapse. But you need that science for at this level of your consciousness for doing all these things. But then what is out there is totally different. But remember the universe is being run by UI according to certain laws — karmic laws when it comes to your life. And who put the laws there? We put those laws there. Humans have put those laws there. They have become karmic laws. And if all of us agree then we could do certain rituals and you could change the laws in the UI. But the best thing is not to tamper with those things. So the karmic laws are implemented by UI. If you hurt somebody in some past life, the records are still not closed — you'll have it now. Now means now or the next birth, you'll have it.

Q4 What is the difference between Ekam and Kalki Dharma?

A Human beings — at least there are 22 varieties of human beings. Very distinct types of beings are there. Minimum is 22. Now each of them needs a particular path. A path which suits someone may not suit the other because they are different. People are different. So we need many paths. That's why we have many faiths, many religions, many techniques, many paths are there. So you must choose what suits you because that only would deliver the goods to you. Now this work is concerned about humanity and of helping people. So here we have two parts. One is Ekam, one is Kalki Dharma or Paramjyoti Dharma. Now this Paramjyothi Dharma is AmmaBhagvan-centric. The people who are not able to relate to Amma Bhagwan or to Paramjyothi — they're not able to relate to it. You cannot blame them for that. It is so many factors have gone into it and they're not able to trust Amma Bhagwan or have faith in Amma Bhagwan and they don't have bond with AmmaBhagwan. So all these things are there. Whereas in Ekam such a faith is not demanded of you. The results are delivered effectively. If you have faith and trust, no faith and no trust, then the results do not get delivered so quickly. Even though you might still get — to put it in a nutshell, Ekam you can say it is Gnana marga and Sadhana Marga. You have to do Sadhana. And it is Gnana marga and it's very representative of — I would say Gnanadev the Maharashtrian saint. And then you have Kalki Dharma or Paramjyothi Dharma which is more Bhakti marga. It depends on your Bhakti and then on state transfer. This is all about simply giving you the state. The state is transferred to you. Various states are there, progressively they'll be transferred to you. There the thing is — you have to work — you have to do Sadhana. Some amount of transfer is involved but then essentially you have to work for it. It's more like Buddhism — you have to work for it. This is not

working for it , this is you receive the gift if you are ready you receive the gift. And you can say this represents Namdev. Now the story is — I don't know the full story exactly. This Namdev and Jnanadev — they were both going on a pilgrimage. They supposed to have gone through some desert — I think Marwar or some place in Rajasthan possibly. And they both became thirsty and there was a well there. So both went to the well. The water was very deep. So Gnanadev said — I will use my powers. I forget the name of the particular power. So it's a Siddhi — I will become a bird, go down to the well and I'll bring the water for both of us to quench our thirst. Namdev was a Bhakta whom Gnanadev used to be admiring all the time. He simply chanted — I think the mantra of Rukmini Devi, I think — and then the water in the well rose up and both of them drank. So that was the difference between Gnana marga and Bhakti marga. So for such — those who prefer Gnana marga, use their head, think and do something like Gnanadev — for them Eam is best. For those who do not want to use the head so much and don't have the time or the inclination to do Sadhana — I would say the Namdev model is best — simply chant, get the bond and have the job done. The choice is yours. You can either follow that or you could follow this or you could follow both. But at some point of your growth, you want to grow further, you must follow one path, not two paths. In the initial phases, you can straightaway follow only one path or you can follow both paths. But beyond the point you want to grow in that or grow in this, you must make your choice. Follow only one path.

Q5 Who am I?

A Well, this question has been asked me several times and I give you different answers depending on the context and at what level I think he could be. Now I'll go at this level now. So you are there — you are run by 10 programs straight away 10 programs control you. And then we have the charges and the traumas. The two are different. We have a lot of charges and a lot of traumas, which also include what we call the FCDs or the Fundamental Childhood Decisions. All this control your life. In addition to this, you have your culture. Whether you are a Hindu or a Muslim or a Christian and if you're a Hindu, whether you are Advaitian, Dvastian or Vishista Advaitian, so many factors are there — and whether you're a vegetarian or non-vegetarian — such variety is there — culture. What is the culture you are born with? What is the culture you grew in? What is the culture that influenced you? All this comes in. All this could be called conditioning. Each one of you is conditioned differently. No two people are the same. Just like your fingerprint is not the same. The center of your eye is not the same. Similarly, each of your conditioning is different. Now that's why you need different paths also. Then but somebody must operate this conditioning. And who is operating it? Your “self” is operating it. Each of you as a self, your self is operating this conditioning. How does it operate? It operates through what we call your inner dialogue. Your inner dialogue is what creates your life. If the inner dialogue is positive, your life on the whole is positive. If the inner dialogue is

negative, your life on the whole is negative. Similarly, some elements are positive, some things are positive in your life. Some elements are negative, negative things happen in your life. The conditioning is responsible which contains all these things and which is operated by your "self." How you behave depends on yourself. How you talk depends on yourself. How you write depends on yourself. Your conditioning and your self create all these things. Now what are we doing when you come to the various programs — including havans everything — we're going on changing that inner dialogue. Sometimes we do it very slowly, sometimes we do it abruptly — depending on the overall context — helped by UI — we are doing those changes in that inner dialogue. Inner dialogue changes — you change. Inner dialogue — you're a beggar — you'll be a beggar. Change the inner dialogue to prosperity — you become prosperous. Inner dialogue is not okay — you become unhealthy. Change that inner dialogue — you acquire very good health. Everything is controlled by inner dialogue. So all that we are doing — whether it is a bhajan or a puja or a havan or a state transfer — we're trying to change that inner dialogue. Inner dialogue changes — you change. You become a different human being. It can produce transformation. We can make you more awakened. It makes you more conscious. So all this is done by changing the inner dialogue. So who are you? You are your inner dialogue.

Q6

What has Bhagwan to say about the calamities?

A

Yes, the good news is the big calamity would happen at the beginning of the next century. That does not mean humanity would survive at that time. But the big calamities — whether humanity is going to be there on the planet or not — that would happen at the beginning of the next century. What's going to happen now is a lot of minor calamities. Lot of calamities are going to happen minor calamities. We are making people go through it. We do not want to make any announcements. People across the globe — especially those who are very good mystics — are going through it and we have now been able to decodify how to get the date and the month. We have come thus far now. So we have a lot of things where we have got the records of the day and the month and mostly the place where it would happen. But in order not to create any public panic there will be no official statement from our side. Though the records would be with us and maybe after it happens — anything to say — we will say. But we would remain officially silent on that. Maybe for some people we'll tell them but officially we'll be silent. But individually for people, Antaryamin could warn them, tell them in which place. In case they are connected with that — what month, what day it's going to happen — and also give them guidelines how to escape or prepare them for death. All that is the work of the Antaryamin. So we as an organization as a movement will not make any comments on the calamities because that would create unnecessary panic. Though we do know — we would not make any comments on it because we would not be able to save you — only the Antaryamins are going to save you. Therefore we will just

keep quiet and we'll be doing silently our best to reduce these calamities, to reduce the size of the calamities and be silently helping the people — all that we will do but nothing will be done publicly.

Q7 What is the significance of the Paramjyoti lamp?

A It's very important for you to become aware, Paramjyothi has come though. Paramjyothi is technically everywhere. It need not become powerful. Need not actually manifest itself at a particular point. Need not. A lamp is an indication. There's a change in the lamp. If you can see the Paramjyothi in the lamp it means Paramjyothi has come and you could start your prayers, your request or whatever you want depending on your want. So to make it convenient for people this has been chosen by the Paramjyothi. That is why Ramalinga said please light your lamps at your home — as from now on Paramjyothi would come to you through the lamp. So that is what our work and Ramalinga's work are very closely linked. So we are waiting for a particular time when we began to ask people to go for the lamp. As the lamp changes mostly you'll be able to see the Paramjyothi entering it. And if it's big it must come in a big way — it's very small the smaller — but it'll be perceptively there — the Paramjyothi — the light. So at that time you must start your prayer. Either for Iham or Param, it has come in — and the Soma was going to actually change. So it is for practical purposes to help you that we have introduced the Paramjyothi lamp as wanted by Paramjyothi. It is not our decision. As Paramjyothi wanted, we did it. But it's going to happen was announced by Ramalinga Swami long time ago.

Q8 Could Bhagwan tell us more about the Dikshas launched online from Satyaloka?

A Yes, as of now we are giving three Dikshas. The Monday one for Arogya and the Wednesday one for the brain because you have to face the coming challenges — there are a lot of problems, economic problems which would surface step by step. So you have to survive, you have to have enough money. You have to survive. You may have to start your own businesses, start your own things or even to survive in what you have. You may need some ideas, some breakthrough ideas. All this is required — to put it shortly, you require more brain power. So Wednesday is for augmenting your brain power and also — finally it must become money. So for that it'll be Friday. And on that day the puja that is being done — Satyaloka is a very powerful place where special SriMurthy is there from which it is done. And this is being done as wanted by the Sapitavastra Bhagavan. Sapitavastra Bhagvan himself spoke — very clearly appeared and physically spoke — that do this. This is the way I want to help people. So what he has said we are doing. Not that we have designed anything — not at all. He is housed in a special way in Satyaloka which many of you would have seen. So he wanted that and what he wanted we are doing. So we have no other reasons to give — like

Paramjyothi , we cannot say why you are coming in light . Paramjyothi wanted to come in the light ,so we said do it. Sapitavastra Bhagavan said do it this way., I want to function like this — you've done it. Why? We have no idea.

Q9 We find that the Shrimurthi of Amma Bhagwan is being gradually withdrawn and replaced by the Shrimurthi of Paramjyothi. What is the reason?

A You see this dharma is global. I don't think there's any country where this dharma is not there. Maybe at least five people will be there in some country. It's everywhere. And outside of India, it's mostly people of other faiths — Christians. In Central Asia, it's mostly Muslims or followers. In Turkey, we have a following — Muslims. And recently when Japan had this earthquake, it was the Turkish contingent of our Dharma which did all the work to help the Japanese people. Other countries were not so cooperative. They said, "Oh, it's not for our country." No, that was the attitude. Very surprising it was. But the Turkish people said, "We will help." And they did what we asked them to do. The reason was they had their own earthquake. Having had their own earthquake, they were keen and eager to help. So we could make use of that and we could stop the tsunami — otherwise the tsunami would have been very devastating. Though of course we have been locally acknowledged but the media has not acknowledged — as usual. The media would acknowledge — cannot acknowledge also. So now we have Muslims, then we have Christians. So all of them worship Amma Bhagwan as God. Now it's very difficult for them to worship like that. Because some do not allow a form. They cannot worship a form. The Jews cannot worship a form. The Muslims cannot worship a form. And Christians are very stuck with Christ. They can't move away from that form. Of course, we can change form also. And among the Hindus because we are living, they are not able to accept us. And even many Hindus are not able to accept the human form. "Oh, he's an Indian." They might say. "Oh, he's Indian, South Indian." And "he's Telugu speaking." So all these kinds of comments and remarks. So very difficult for people to move ahead. "Oh they eat food. How could they eat food?" So we want to remove all these difficulties for the people. So we have decided to move back to our original form — the original form with a great compassionate light. That is our form. So we want to go back to that form — not abruptly — steadily, slowly we're changing the form. So in many Shrimurthis we appear as Paramjyothi. We appear on the Shrimurthi. And of course we also come into the lamp — sometimes in our form but the lamp moving out — what we call the formless form. And we are becoming more and more now. And also sometimes when I do give this MM Class discourse — for some people in their homes I become a light being. So we are changing that. And of course in some cases the Shrimurthi is permanently changing to the right form. In many cases the form appears and at sometime goes away to the old form — but now it's permanently changed. The form is changed. The photograph completely changes to light. So little by little — causing little discomfort for

you — slowly we will change this form into the light form. Then we being an Indian is gone. We being a Hindu is gone. We being a South Indian is gone. Telugu speaking is gone. That is going. This all this thing is completely gone. So there's much less resistance from you which means much more power from our side. So as you resist it's difficult to help you. But if you do not resist it's easy to help you. But if it's only going to be straightaway the light form then also the bond will not come. We have been around for some years. So even if we disappear — you know that — you know when you leave the planet or when we do not appear to you — you still know that we were there, we were there like humans, we were there like you, living like you, you know all that. So that will create a bond. So that's one reason why we had to go through the form but slowly we can now remove the form and that's being done.

Q10 How are the 81,000 special?

A You see nature always uses numbers. For example, if there are 33,000 births, the next one would be a twin. 33,000 twins, the next one would be a triplet. 33,000 triplets, the next one would be a quadruplet. At some point, it stops. So, now nature runs on numbers. Similarly, if you take a pumpkin, if you count the number of lines on the surface of the pumpkin into a particular number would give you the number of seeds inside the pumpkin. So there are many many such numbers which talk about the universe including the galaxies, the stars, everything are controlled by numbers. That is the way UI functions. So here the point is 0.0001%. That is the point. So humanity is one whole. So it's just one group actually. Though we think we are Americans, we are Russians, Chinese — we are all actually one group related actually. Now 0.0001% of that number — if its level of consciousness grows let's say by 50% — the others would grow by 5%. Let's say this 0.0001% grow by 100% — the rest would grow by at least 10%. When consciousness is involved and this number grows, the others would be growing that much — not as much as this but more than what they are. So if we want to — the whole universe is working towards raising the levels of consciousness. So of course as we go on the next species to come would be at a very high level of consciousness — maybe a thousand years, maybe 1500 years — we are not exactly able to place it but it would be like that — at very high levels of consciousness. Already some beings have arrived. They are there in Himalaya. They are there in the southern mountains. So they don't eat food. No food is required for them. And at best they eat a few leaves — a few leaves that's all. And they are neither male nor female and they're just flying around for transport. They just move around from this hill to that hill. They're flying around. Some of our devotees have witnessed this and some videos have also come to us but they told us to keep quiet for some time. Later on we could show those things. They do some puja and then they just disappear. So no food is required. No need for the opposite sex to be there. That's gone. And if they do want to travel they just fly around and they have extraordinary levels of consciousness. So now these people

are the forerunners — those I'm talking about are the forerunners. That's how we are going to become — all humans would become — if we survive. Definitely we'll survive. But this has been happening all the time. Every few thousand years there will be a calamity — basically the earth warming up or the earth cooling down — either way it leads to a reduction in population. Always some numbers do survive. Not all perish. Sometimes those on the hilly regions they will survive and some knowledge is left behind. Some of them do have the knowledge of the past and a new civilization starts. In roughly — let us say if you have 10,000 people left — which is quite easy — in about 5,000 years we can reach the present level of population — about 8.1 billion — can reach in about 5,000 years. It's not a big thing at all. And to grow to a technologically advanced civilization like us — at least less than thousand years — almost starting from zero but with some knowledge of the past — we can reach this level of civilization. So civilizations keep rising and collapsing, rising and collapsing. That's why when we dig up — sometimes 30,000 years ago, 40,000 years ago — we get advanced tools from previous civilizations. So destruction is a normal thing and always something is left behind but on the whole we are moving towards some higher level of consciousness. So the next one would be a new species possibly. Even in earlier times we had different species — they are all gone. So this time they would be gone or else we would be evolving to another species. So this 81,000 are always required to maintain a higher level of consciousness. So you people who are the 81,000 — you are a special group of people. Now that depends on the population. We have not reached the number 81,000 but we'll reach someday. Given this population that is the number. Suppose this population grows, this number also will grow. Suppose this population declines, this number also will decline — will decline fundamentally. We will not be able to produce more people like you people. As we raise your consciousness levels quite soon there will be those whom we cannot raise them beyond the point but you can help them to grow a little bit — that's all — but not to your level — it's not possible. That's why in Christianity they say "many are called, you are chosen." So you belong to that chosen group. So you would grow but it will be your role, your job, your dharma to raise their levels — that you have to take care of. That you have to do. But your number will be changing depending on the population. Beyond the number we cannot cross — like the number strips of Pumpkin give the seeds of the pumpkin — into that number will give the seeds in the pumpkin. You can't exceed that, or you won't go below that also after a point. Similarly here you will not be able to increase this 81,000. It could of course may go down for some reason a little bit but then that number — some kind of a constant — once you reach there it would be a constant. You are those special people and it's your role to raise the level of consciousness of humanity by transferring the state. It will become very very powerful, tremendously powerful that it'll be in your hands, in your power to raise others to that higher level of consciousness. So that's — you'll be working with the universe. That's why you are special.

Q11	How does rescripting work in Navagraha Homa? How is this year different from last year's?
A	You see what is this whole universe? It is nothing but a vibration. That's all. Now what is this chanting — more than the content? What is important is the way it is chanted and to whom it is chanted. It's a vibration. Now what are we doing? You're using the fire. The fire has certain peculiar properties where it could carry these vibrations. And then — what are we trying to achieve here? Through these vibrations and through the fire. We are trying to change your inner dialogue. The inner dialogue — as you consistently change — we say it is re-scripting. So in one blow we cannot do it. Too much power cannot be used because you won't go back home. So step by step slowly, but you can also go and accommodate yourself with the outside world. We are increasing it. So as you change this inner script everything about your life will change. We are aiming at both Iham and Param — everything would change but after a point it'll be faster. After a point it'll accelerate. After a point like the rocket which escapes the earth's gravity — it'll be that fast. But now we are still not reached that peak speed — we're still lower than that. But with everything we'll be increasing it — making it more and more powerful. So that is what we are doing.

Q12	Is the effect of prayer different in different places?
A	Yes, it is different in different places. You have to see how the grid lines are moving and what is the Samskara of that place. All that must be taken into account and the power is different. For example, if you take Ekam — it is sitting on special grid lines. Besides, what is exactly below Ekam is a Shiva temple. A very old Shiva temple is there. So on top of the Shiva temple that is built and then that's why meant for the Murthi — and then it's called Bhaktulavallam in Telugu which means there was a time when there were thousands of people flocking to that place and were doing Havans at that time a long time ago and they gave the name Bhaktulavallam — that means a flood of devotees. So it's very very special. Similarly, if you go to Satyaloka, it is very special because you go to Pernabed and you climb up the mountain and after you climb up the mountain, you go to the V.Kota, then you come down. It's a valley. Satyaloka is a valley on top of a mountain with a peculiar kind — that's where the phenomenon began. For some purposes that has the maximum power. For some purposes Ekam has the maximum power. Then Nattham — for some purposes Nattham has the maximum power — could simply knock you into total silence. Unbelievable silence. Once you got up to a point — we are not yet activated that — we would soon be doing that. Once it is done you would know what silence is. And then we have Kalki Illam, a very special place from where most of the teachings which are given to you — they got — they emerged there — those teachings. And it is now been open to the public more and more — the people are coming in — and soon you see the full power of Kalki Illam, what all it would give you. Right now we are not telling you anything — later on we

are going to tell you. Then we have Nemam again a very very special place. So there was a young boy many years ago who had become a Swami and the British at that time used to run buses from Chennai to Nemam where he used to give water — you can take water from your home just like you bring now also — and then he would touch it and give it to you and you would get healed. Later on the crowd became too many and that man disappeared. Not much is known about him. He just disappeared. So it has got a tremendous background for healing and for some other purpose I won't tell you now. And then of course there's another place yet — we have not opened it to the public — that will be opened maybe by end of this year. And then there is SANGAM. This is again a very very special place which has not yet been open to the public — for very special purposes — for those especially for those who want to get married, for those who are very modern and very advanced, do not want to get married but want to have a life partner — for them. So all those things will happen — then more of it we'll reveal later. So totally we have seven places. Anything can happen anywhere but these seven places are special for seven different things to help people. The whole objective is to help people and the seven different ways — what they need actually — depending on their age. So we'll tell you all about that later. At least two centers are not yet open to the public. So that will be open by the end of this year.

Q13 How does the MM Class help us?

A See this MM Class is preparing this 81,000 people. We are working on you from what I'm talking to you and from the process. We are working on you. Now essentially we are working on your seven Koshas. We have seven Koshas in the dharma. So ours is different from what is normally there. The first Kosha is the Annamaya Kosha. We have to work on the body but without telling much about that we silently working on the body because otherwise you could become obsessed with it. So some things are better not told. So without telling we are doing — we are working on your Annamaya Kosha. Then we are working on your Pranamaya Kosha. The way your breathing is not all right but here we are not talking about breathing — we are talking about prana which is in a way linked to breathing. So the Pranamaya Kosha must be set right. So we are working on that. Then after that we are working on your Manomaya Kosha where we are removing some of those FCDs and wrong inputs which have gone into you — that's quite a tough job. So we are working on that on your Manomaya Kosha. Then of course we have got the Karmamaya Kosha. All of you are carrying loads and loads of karma. It is — we say your past life — as you know our dharma — there's no "your past life" — not that you are there because you yourself are not there — but then what you are carrying — so many lives. For example one western man — Swedish gentleman — we were making go slowly — some people used to come stay here for months together and get a lot of time to work on them — we used to go step by step on him. So for a few days he said "I am conscious that I am Pontius Pilate" — the plate — was

the one who gave the orders for Christ to be crucified. He said "I am that." So accordingly we are working on him. Then later he said "I am the Roman soldier who put the spear into Christ." Then we again work on him. Afterwards he said "I am the soldier who whipped Christ." It seems to be one man who whipped and also put the spear on him. He worked on that. Then finally he said "I am Christ. I am the Christ who died on the cross." So again we did some work on him. So then we had to tell him clearly how these vasanas which are there in the Akashic records which was flowing through him. Christ is a very good man also. He also had a vicious tongue. He had a bad mouth and he would write also very viciously. That was because he was also Pontius Pilate who was giving those nasty orders. And then he was also the chap who could be violent — a big man, 6 feet plus, very very strong Swedish gentleman. He could be very very violent and generally had contempt for Indians. So we could see where that was coming from. But finally he became a very sweet gentleman and got enlightenment too. So this load of karma you are carrying — how many lives. So we have to work on that. So Karma Kosha comes in there. Then of course Vignanamaya Kosha, a lot of things which you must know — either you must be innocent but not ignorant. Ignorance means you have a lot of nonsense in your head. Such a huge rubbish — such quantities of rubbish is there in you — gathered in this lifetime. So we have to clear it up — using Vijnanamaya Kosha. And that especially — if you have read a lot of books — window shopping — the knowledge is very heavy and contradictory teachings — full of such terrible nonsense where you're not able to move an inch. So that is Vijnanamaya Kosha. Then we move on to the Gnanamaya Kosha. Now we can go on telling you, "Oh the fire is very hot, it'll burn you." That's one thing. When you actually put your hand into the fire, you get the heat. You know what exactly that is. Now this is called Gnosis in English. Direct experience. Now I'm telling you — you and the tree are one. Actually make experience the fact that you and the tree are one. Actually make experience that you and the frog are one. Actually make experience — you and your wife are one. So that is the Gnanamaya Kosha. Now having done all this — at the core of your being is nothing but tremendous joy and tremendous love — that comes under the Anandamaya Kosha. So you're slowly working on these things. Anytime when you move too fast there'll be a disruption. So little by little step by step we are working on you. Added to this are the other programs like what happened in Nemam, what happens in Satyaloka — these are supporting programs. So on the whole we're using many things to make you grow. Grow in what? Grow in your consciousness. How do we know you have grown? Depending on your Ananda and your love — and of course your gratitude — and Oneness — all those factors are there. And because today we'll be transferring you the power whereby you'll be able to transfer Ananda as well as love as well as Oneness — all in one blow — to the person you want to give. So we'll be stepping up all these things and especially we'll work a bit on your bodies whereby we are getting better prepared to accommodate a high level of consciousness. If you are weak then we cannot download much. You see some amount of strength must be in the body — it must be all right. Suppose you're dying from cancer

tomorrow — now we can't download high level of consciousness. So we are slowly working on that — that also would be done today. So in the MM Class we are working on all these things. We don't tell you everything — there's too much of anticipation on you or there's too much resistance — therefore it is not good to give all the knowledge. When you're not so well developed — knowledge when not acted upon could become dangerous. Best — some things are not given out — at the right time you must give — maybe in the group or maybe individually or small groups we could give it — not generally like this. And also I request — please do not record these things and post them on the YouTube. It could may not have that good effect on the others and if it's going to cause them somehow — all that bad karma will come to you because here we are going in a peculiar way. This is not to be posted there and I'm sharing with you certain things which should not be shared outside. What I speak about calamities should not be spoken outside but you're posting many things out — extracts of it. You are a team, you are a group, you're a special group so please do not do such things.

Q14 Can you please guide us the youth on how to make decisions for our career and personal life with the help of Sri Amma Bhagwan? In these rapidly changing times, we are baffled with the multitude of choices and scenarios for every decision.

A For that to happen, we'll be stepping up the brain power program. Please attend the brain power program whereby you'll actually enhance your mental capabilities and you'll be able to get clarity very fast.